

General Health & Safety Courses	Approximate Course Length
AODA – Customer Service Standards for Ontario	45 minutes
AODA – Integrated Accessibility Standards for Ontario	25 minutes
Arc Flash Safety Awareness	40 minutes
Asbestos Safety Awareness	40 minutes
Back & Lifting Safety	45 minutes
Compressed Air Safety	25 minutes
Confined Space Awareness For Workers and Attendants	45 minutes
Safe and Defensive Driving	120 minutes
Fall Protection (Non Ontario)	75 minutes
Fall Protection (Ontario – non construction)	75 minutes
Fire Safety	40 minutes
Health & Safety Orientation – Generic	60 minutes
Heat Stress Awareness	45 minutes
Human Performance Factors	75 minutes
Isocyanates Awareness	45 minutes
Ladder Safety	40 minutes
Loading Dock Safety	40 minutes
Lockout/Tagout	45 minutes
Manual Material Handling and Back Safety	40 minutes
Motorized Pallet Truck Safety	45 minutes
Musculoskeletal Disorder - MSD	45 minutes
Ontario Worker Health & Safety Awareness	45 minutes
Pedestrian Safety Around Fork-lifts	45 minutes
Personal Protective Equipment	45 minutes
Power Lift-Truck – CSA Std. B335-15	3 hours
Proper Hand Washing	25 minutes
PTSD Awareness	15 minutes
SIMDUT 2015	60 minutes
Slips, Trips and Falls	45 minutes
The Right To Refuse Unsafe Work	12 minutes
Transportation of Dangerous Goods – Shipper	3 hours
Transportation of Dangerous Goods – Handler	3 hours
Transportation of Dangerous Goods – Driver	3 hours
Transport des Marchandises Dangereuses – Expéditeurs	3 hours
Transport des Marchandises Dangereuses – Transitaires	3 hours
Transport des Marchandises Dangereuses – Facturiers	3 hours

Utility, Hawkbill & Boxcutter Knife Safety	35 minutes
Vehicle Lot Safety	30 minutes
Vehicle Hoist Safety Training	60 minutes
Violence & Harassment in the Workplace (Ontario)	60 minutes
Violence & Harassment – Refresher (Ontario)	40 minutes
Understanding & Implementing a Health & Safety Program	90 minutes
Violence, Harassment & Bullying (Generic)	50 minutes
WHMIS 2015 & the GHS	60 minutes
WHMIS 2015 Refresher	45 minutes
Working From Home	15 minutes
Workplace Safety Committees	40 minutes
<b>Management Suite</b>	<b>Management Suite</b>
Diversity, Equity and Inclusion	45 minutes
Due Diligence Awareness	15 minutes
Emergency Response Plan	30 minutes
Health & Safety Representative HSR	75 minutes
Ontario Supervisor Health & Safety Awareness	45 minutes
Understanding & Implementing a Health & Safety Program	90 minutes
Workplace Impairment	40 minutes
<b>Specialty Courses</b>	Approximate Course Length
Automotive Shop Safety	45 minutes
Brake Service Safety	20 minutes
Ground Disturbance Infrastructures Safety Awareness For Crews	60 minutes
Ground Disturbance Infrastructures Safety Awareness For Supervisors	90 minutes
Electric and Hybrid Vehicle Service Safety Awareness	60 minutes
Grain Silo Safety	45 minutes
IHSA Electrical Utilities Safety Rules 2024	3 hours
Load Securement & Safety	45 minutes
Trench Safety Awareness for Excavation Crews	35 minutes
Trench Safety Awareness for Supervisors	45 minutes
<b>HR Micro Courses</b>	Approximate Course Length
Termination With or Without Cause	15 minutes
Constructive Dismissal	11 minutes
The Hiring Interview	13 minutes
The EXIT Interview	12 minutes
Managing Potential vs. Performance	13 minutes
Basics of Compensation Systems	18 minutes